

Eagle Newsletter November 7, 2022

Encourage, Empower, Excel

IMPORTANT

dates to remember



- Professional Development (No School) November 7th
- Election Day (No School)- November 8th
- Picture Retakes November 9th
- SBDM Meeting November 10th @ 2:45 p.m. in Library
- Veteran's Day November 11th
- Pie Peddler Pick Up November 17th from 4:30 p.m. 6:30 p.m. in library
- Thanksgiving Break -November 23rd-25th
- PTO Meeting November 30th



- PTO's Penguin Patch Shop December 5th -9th
- SBDM Meeting December 8th @ 2:45 p.m. in the library
- Cookies with Santa − December 8th 6:00 p.m. − 7:00 p.m.
- FRC Advisory Council Meeting December 15th @ 2:45 p.m.
- Winter Break December 22nd January 3rd



SCHOOL MENUS FOR November 7th-11th ALL MEALS ARE FREE TO STUDENTS!

Snacks and Ice Cream will be available on Mondays and Fridays. Chips are \$.75, and ice cream is \$1. Non-student lunch prices are \$4.75

3 Week Cycle Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Updated 9/19/22 Friday			
	Mini Waffles	Cereal Bowl	Sausage Biscuit	Cereal Bowl	Donuts			
	Juice	Juice	Juice	Juice	Juice			
	Peaches	Applesauce	Apple Slices	Raisins	Orange Wedges			
	Milk	Milk	Milk	Milk	Milk			
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday			
	Pasta w/ Beef Sauce	Cheeseburger on WG Bun	Chicken Strips (3)	Hot Dog on WG bun	Breaded Cheese Sticks (6)			
	Breadstick	French Fries (3/4 cup)	WG roll	Baked Beans (1/2cup)	Baby Carrots (3/4 cup)			
	Broccoli (3/4 cup)	Peaches	Mashed Potatoes (1/2 cup)	Dragon Punch (1/2cup)	Fruit Cup			
	Pears	Milk	Green Beans (1/2 cup)	Fresh Fruit	Marinara Cup (opt)			
	Milk		Fresh Fruit	Milk	Milk			
			Milk					

***No School Monday and Tuesday. See Veterans Dy flyer for Friday's lunch menu.

After School Clubs

***Students who participate in afterschool programs must turn in a note with permission to stay after school and any transportation changes.

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VETERANS DAY

FRIDAY, 11/11/22

DURING THE STDUENT'S LUNCH

The students and staff of Heritage Elementary
would like say "Thank You" to our veterans for their
service to our country! We want to invite any
veteran, (parent, grandparent, aunt/uncle or friend)
connected to our students, to enjoy lunch in the
gym with their student (see lunch schedule &

To show our appreciation of your service to our country, the staff will provide homemade desserts for the student and their veteran to enjoy together!

VETERANS DAY

SCHEDULE, MENU, AND PRICES

Lunch Schedule

11:00-11:25	McKinney and Travis
11:05-11:30	Mota
11:15-11:40	Pickens and Gordon
11:20-11:45	Chen
11:35-12:00	Hinton and Kirtley
11:40-12:05	Shaver
11:50-12:15	Pancake and McDowell
11:55-12:20	Campayno
12:10-12:35	Medley, Lafollette, and
	Durr
12:30-12:55	Crain and Jeffries
12:35-1:00	Swinford

Menu:

Chicken Strips (3) WG roll Mashed Potatoes (1/2 cup) Green Beans (1/2 cup) Fresh Fruit Milk

IF YOU CHOOSE TO EAT THE SCHOOL LUNCH, THE NON-STUDENT PRICE FOR LUNCH IS \$4.05. WE CAN ONLY ACCEPT CASH OR CHECK!



HOLIDAY
ASSISTANCE
APPLICATION
DEADLINE IS
TUESDAY,
NOVEMBER 22ND!

PLEASE EMAIL MELANIE MADISON AT MELANIE.MADISON@SHELBY.KYSCHOOLS.US OR CALL (502)829-5454





No school November 23rd-25th!

PTO METING

NOVEMBER 30TH 5:30PM

HERITAGE ELEMENTARY
LIBRARY

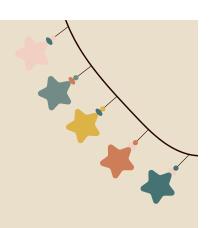


The sign up will be sent out soon! Email heritagepto1@gmail.com if you are interested in volunteering. You must be an approved volunteer. To check your status, email melanie.madison@shelby.kyschools.





JOIN THE HERITAGE BABY EAGLES' CLUB





YOU CAN SIGN UP FOR A MONTHLY FREE BOOK AND RESOURCES WHEN YOU SEND IN A PICTURE OF YOUR LITTLE ONE WHO IS 4 YEARS OLD AND UNDER. YOU CAN EMAIL THE PICTURE WITH THE CHILD'S NAME AND AGE TO MELANIE.MADISON@SHELBY.KYSCHOOLS.US



Easily pay for school items and fees with MySchoolBucks



Fast & Easy Checkout



Simple & Secure



Make Payments Anytime





Fácilmente pague las tarifas y los artículos escolares con MySchoolBucks.



Pagos rápidos y fáciles



Sencillo y Seguro

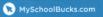


Pague en cualquier momento



- Vaya a myschoolbucks.com o descargue la aplicación
- Visite la tienda escolar y agregue los artículos al carro
- Pague con su tarjeta de crèdito o dèbito











Johnna M. Black, Principal

Megan Baxter School Counselor Encourage, Empower, Excel

Heritage Elementary 8300 Frankfort Road Waddy, KY 40076 Ph: (502) 829-5242 Fax: (502) 829-9605 Molly Smith, Assistant Principal

Kara Clark, Instructional Coach

Dear Heritage Families:

We are announcing the fee structure for the 2022-23 school year for all our elementary grades.

- No device usage fee will be charged, however, damaged or lost items will still require a payment.
- A simpler, less expensive supply list has been developed for use by all elementary grades, district-wide.
- All elementary schools will charge the same \$20 instructional fee and no
 other fees will be charged for instructional supplies; this \$20 will cover items
 such as headphones, erasers, Primary journals, additional or specialized
 folders and notebooks, rulers, index cards, highlighters, agenda books, field
 day t-shirts, recorders, etc.
- Any elementary student participating in at least one school club will be charged only one \$20 club fee instead of multiple individual club fees.
- No other fees will be charged during the 2022-23 school year for elementary grades except for occasional field trips; the maximum fee an elementary parent will pay is \$40 (plus field trips)
- No other requests will be made for elementary parents to send in classroom supplies for the 2022-23 school year

A-waiver or adjustment may be made for any student qualifying for free or reduced meals to ensure that no student is denied services due to the inability to pay. In order for your student to receive the fee waiver, you are required to complete the Educational Benefit Form (EBF).

If you would like to donate additional funds or supplies, you can do so by contacting the school office or the Family Resource Center.

Thank you for allowing us to serve your children!

School Calendar

Shelby County Public School 2022-2023

July 2022							August 2022								September 2022						
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(No School for Students) First and Last Day of School Ope				(No School) (No School and Closing Day For Holid																	
First and East Day of School							Staff		.,			(No Sch		n					,,		

Shae Tucker

Teaching Position:

ECE



Email:

shae.tucker@shelby.kyschools.us

Phone: 502-829-5242

Education/Degrees:

Bachelor's: Eastern Kentucky University-Elementary Education and Special Education LBD

Masters: Eastern Kentucky University- School media Librarian P-12



Personal Information:

My name is Shae Tucker. I have been teaching in Shelby County since 2020 and this is my 2nd year at Heritage..
I've been married to my husband Nick for 9 years. We have twin girls who are 6 years old and are in 1st grade this year. We also have an 8 month old girl. We have 2 dogs and 2 cats and we enjoy spending our time outside.



Hobbies/Interest:

- Reading
- Painting
- Netflix
- Shopping

Staff Birthday:

Cindy Long 11/10
Mary-Claire McKinney 11/16

Michelle Clark 11/23 Gi Boylan 11/30 Pursuant to KRS 158.186, before Sept. 15 of each year the commissioner of education must distribute copies of KRS 158.183, which details the "rights of students," and KRS 158.195, which requires each public elementary and secondary school to "display the national motto" of the United States.

Click here to read last Friday's district newsletter.

Skills we are working on in October!



Resources, & Information

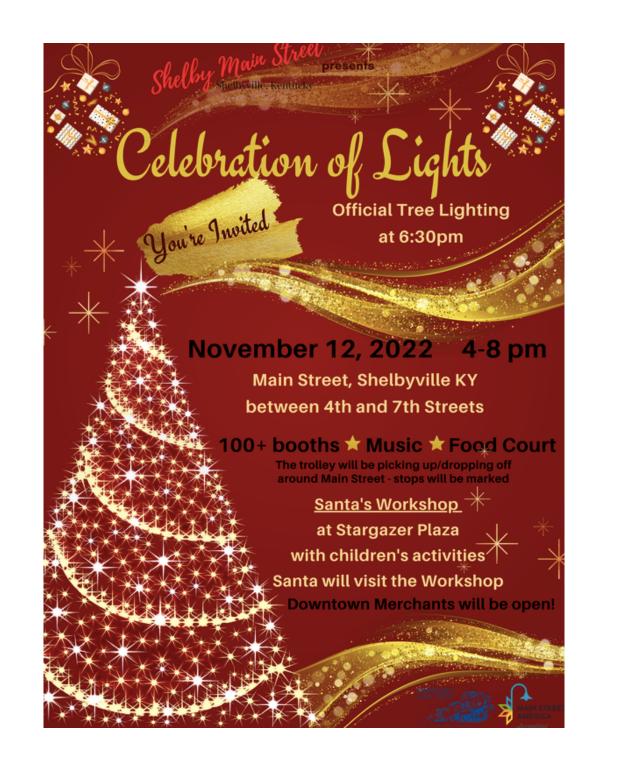


Trims and Whims

Christmas Craft Show & Tea Room

Saturday, November 12th 9:30-4:00 Sunday, November 13th 11:00-4:00

Wright Elementary School
500 Rocket Lane





*Those ages 5-11
getting new booster
or COVID vaccine are
eligible for an
incentive gift card

Get your bivalent,
Omicron-focused
COVID-19 booster
and flu shot
BEFORE the
holiday season.

The North Central District Health Department

will have a flu/COVID booster event from 2-7 p.m. on Nov. 16, vaccine available for all ages Make your appointment today at NCDHD.com

*While supplies last

Participate in KIN-VIP for a Chance to Win!

To highlight our KIN-VIP program and the amazing work they do with kinship families, we are hosting a raffle for KIN-VIP participants.

Any kinship caregiver that attends at least three (3) KIN-VIP support groups from October to December 2022 will automatically be entered for a chance to win one of three (3) \$100 checks.

Explore KIN-VIP Groups

KIN-VIP support groups provide a safe, confidential space where caregivers can share their experiences with their peers. These groups are open to all kinship caregivers throughout the state of Kentucky.

This raffle is open to all kinship caregivers caring for relative or fictive kin children (not caregivers who are foster parents to those children).

https://ceu.uky.edu/kinship-virtual-interaction-program/

REGION 5

FRYSC Coalition

Ways to help Eastern Kentucky

The Family Resource and Youth Services Coalition of Kentucky (FRYSCKy) encourages you to support the EKY flood relief and recovery effort either through donation of supplies (see list below) or by making monetary donations to one of the following funds. You can also follow the Coalition's Facebook page where local FRYSC requests will be shared as we see them.

MONETARY DONATIONS

KEA Appalachia Fund has set up a GoFundMe account that will go directly to Family Resource/Youth Service Center Directors in each eastern Kentucky school district affected by the floods. To donate you can click here: https://loom.ly/odrGURg FRYSC Strong for Kentucky - every donated dollar goes to local FRYSC coordinators to help the families impacted by the flood. FRYSCKy has an application process in place which was developed following the WKY tornadoes last year.

Online Donations (Venmo): FRYSC Strong for Kentucky @support-KY-FRYSC

Team Kentucky has established the Team Eastern Kentucky Flood Relief Fund to assist those impacted by the floods. To donate you can click here: https://ioom.ly/4YuT2KY

https://secure.kentucky.gov/FormServices/Finance/EKYFloodRelief



Ready to Jump Start your Future?

We can help you get a good job and career.

Kentucky Career Center services and KentuckianaWorks offer assistance at any point in your career path. Our services include:

- · Customized career advice for today's job market
- Help optimizing your resume & finding jobs. Start at focuscareer.ky.gov
- Assistance sharpening your interview skills
- Help building your professional network
- Up-to-date, local career information at www.careercalculator.org
- More than 4,000 online training courses
- Access to job leads and job fairs
- Specialized services for qualifying veterans
- · Resources for visually impaired or disabled job seekers

kentuckianaworks.org

instructional Works to the Greater Louisville Worsforce Development Board that serves Affecton, Builti, Henry, Schart, Stellin, Specios and Sterbile counties, and is an operator of the Bernacoy Career Canter, strongly control in Section Worsforce Services, in portion stop with the Giffee of Employment and Terring and other agencies unding it provided by the U.S. Department of Labor, through the Ky.Education and Machinere Development of Services and American Services and Machinere Development.







Hosparus Health Grief Counseling Center

Upcoming Youth and Family Programs

Guardians of Grief Treasure Hunt

Thursday, September 29, 1:00 - 3:00 p.m.

Find clues to learn and care for grief and solve the puzzle of a missing map that leads to a hidden cache of unexpected treasure. Children, ages 6-11. Space is limited. RSVP is required.

Camp Evergreen

Friday evening, October 14 – Sunday, October 16

This weekend retreat is for families with children ages 6-18 healing from loss due to death. Registration deadline is Monday, September 19th. Access your application at: https://bit.ly/campevergreen2022 or find us online at Hosparus.org

Setting the Table for Gratitude

Saturday, November 12, 10:30 a.m. - 2:00 p.m.

Family-centered workshop for ages 5 and up and the adult(s) to whom they are connected. Learn about gratitude's relationship to grief and create "Gratitudes" and other things for your Thanksgiving table. Lunch provided. Registration required.

Unexpected Gifts: Ornaments and Other Connecting Objects

Saturday, December 10, 10:30 a.m. - 1:30 p.m.

Family-centered workshop for ages 5 and up and the adult(s) to whom they are connected. The season of gift giving invites us to consider what we have received from those close to us. Create ornaments and simple gifts to pay this forward. Lunch provided. Registration required.

First Cup of the Day: Parent Talk (Virtual)

Every 1st and 3rd Wednesday mornings, 9:30 – 10:30 a.m.

On its best days parenting is challenging. It is even more so when parenting a grieving child while adapting to loss, yourself. Here we talk about everything from behaviors to expect, how to address them, and handling questions that have no easy answers. Pour yourself a cup and join in this ongoing conversation. Registration is required. You will be sent a link to the conversation just prior to its scheduled times. Questions? Contact Erin at 502-456-5451.

Registration is easy. Look for program links on our website: www.Hosparushealth.org or call the Grief Counseling Center at 502-456-5451.



G-FORCE

A support program for grieving youth

Gravity. It grounds us. It holds us in orbit. It helps us stay centered. It pulls against us when rocketing into the stratosphere. Grief works much the same way. G-Force refers to the pull of gravity when making a transition forward. It takes practice and conditioning to withstand the pressure and to adapt. So does grief. We are not helpless in the face of loss. We can become stronger, more resilient, and confident that we can do hard things.

G-FORCE is a peer-centered education, support, and networking opportunity for youth coping with loss due to death. Meetings occur throughout the year offering a cycle every fall and spring following the school calendar. Youth can join at any point and re-up in an upcoming cycle.

G-FORCE meets at the Hosparus Health Grief Counseling Center 3526 Ephraim McDowell Drive, Louisville, 40205

For youth in grades 6 through 10

Fall 2022: Every 1st and 3rd Thursday, 4:30 – 6 p.m. September 1 through December 15

Spring 2023: Every 2nd and 4th Thursday, 4:30 – 6 p.m. February 9 – April 27

For youth in grades 2 through 5

Fall 2022: Every 1st and 3rd Friday, 4:30 – 6 p.m. September 2 through December 16

Spring 2023: Every 2nd and 4th Friday, 4:30 – 6 p.m. February 10 – April 28

There is no cost for this program, but registration is required.

Registration can be completed online at www.hosparushealth.org

Or by calling the Grief Counseling Center at 502-456-5451

Grief is a force of nature. So are you.



Would you like to learn English?

Shelby County Adult Education offers FREE ESL Classes

Learn:

- To speak English
- To read and write
- Daily life skills
- Basic communication skills
- Advanced English



JCTC Shelby County Adult Education St. James Episcopal Church 222 Main Street Shelbyville, KY 40065

Registration is week of August 7

Mon. & Wed. 9:00 a.m. – 11:00 a.m. Tues. & Thurs. 6:00 p.m. – 8:00 p.m. Register Now!

Times of class are the same as above.

Shelby County Daycares List Call for openings.

Childcare Facilities / Cuidado de Niños

- Adventure Club- infants and toddlers through 5th grade https://simpsonvillebaptist.com/connect/weekday-preschool-2/
 Phone (502) 722-5249 or Email: ac@simpsonvillebaptist.com
- Inspirations Child Care 7387 Shelbyville Rd, Simpsonville, KY 40067 Phone: (502) 205-0026
- Corpus Christi Classical Academy Montessori Program 7010 Us Highway 60, Simpsonville KY 40067 Simpsonville, KY 40067 | (502) 722-8090
- Kidsplay Child Care

54 Old 7 Mile Pike, Shelbyville, KY 40065 (502) 633-9663

Shelbyville Community Day Care 520 Mount Eden Rd, Shelbyville, KY 40065 (502) 633-6757

- Little Hands Development Center 250 haven Hill Rd,, Shelbyville, KY 40065 (502) 437-0547
- Child Town Inc
 1940 Midland Trl, Shelbyville, KY 40065 (502) 633-2050
- Little Stars Preschool
 100 Loop Rd, Fisherville, KY 40023 (502) 477-1150
- Dorman Preschool Center
 719 Burks Branch Road, Shelbyville, KY 40065 (502) 633-2760

Online Search Tool

https://www.4cforkids.org/for-families/find-child-care/

Child Care Referrals Tailored to Your Needs

Herramienta de búsqueda en línea

Referencias de cuidado infantil adaptadas a sus necesidades https://www.4cforkids.org/for-families/find-child-care/ No siempre es fácil seleccionar un cuidado infantil que satisfaga sus necesidades. Permítanos ayudarlo a identificar proveedores en su área que ofrezcan el tipo de atención que necesita. Ofrecemos una variedad de formas de buscar cuidado infantil regulado por el estado en Louisville y sus alrededores. Podemos buscar cuidado infantil en función de las edades de sus hijos, sus horarios de trabajo y hogar, su ruta de viaje, si necesita transporte para su hijo y otros factores que hacen que sus necesidades sean únicas. No autorizamos, respaldamos ni recomendamos a ningún proveedor en particular. Solo usted puede determinar el entorno de atención de mejor calidad para su hijo.

 BÚSQUEDA EN LÍNEA: esta herramienta le permite crear su propia búsqueda personalizada de cuidado infantil regulado por el estado en Kentucky. Esta búsqueda incluye información sobre edades atendidas, horas de funcionamiento y calificaciones de STAR. Se le pedirá que cree información de inicio de sesión.

LLAME - Para hablar con un consejero de referencias, llame al 502-636-1358.



The Serenity Center has a food bank on Wednesdays from 12 p.m. to 4 p.m.

Serenity Center 98 7th Street Shelbyville, KY 40065

The Bagdad Baptist Food Pantry is open the 2nd and 4th Saturday of every month from 9:15 a.m. – 12:00 p.m. Food is available to any Shelby County residents. Must show a valid driver's license. Entry is in the back of the church. There is also a small pantry outside the church open at all times.



Heritage Elementary Family Resource Center

Melanie Madison, Coordinator

Phone number: (502) 829-5242

Hours of Operation: Monday-Friday 7:00 a.m. - 3:00 p.m., available evenings and weekends by appointment.



Check out the Virtual FRC Office!

https://docs.google.com/presentation/d/106NkKh0pa6b5qnn0m93ZDNJgXuYtIDDUEHAyDeRWokc/edit#slide=id.